Rainbowdance
AN EARLY CHILDHOOD PROGRAM OF THE BOSTON CHILDREN'S FOUNDATION

BASIC CREDENTIALING TRAINING
Toddler Attunement & Preschool Movement Poetry Program
Dicki Johnson Macy, M.Ed., BC-DMT, LMHC, Director

Date: Friday, June 7, 2019   9:00AM-6:00PM (breakfast & snacks included)
               Saturday, June 8, 2019   9:00AM-6:00PM (breakfast & snacks included)

Location: 850 Summer St, Suite 206, South Boston, MA 02127

Training Cost: $315.00 or $130 with valid student ID*

Please dress comfortably.

Rainbowdance© is a parent/teacher friendly intervention, which encourages self-esteem, self-regulation and social empathy through the use of repetitive gesture, song, and movement. As the number of infants and toddlers attending full time day care programs increases, the opportunity for dyadic relationship building decreases.

Rainbowdance© provides children with the opportunity to experience the attachment to the peer group necessary for healthy relationship building, minimizing an orientation toward peer violence.

The sequence of stories and improvisations has been developed as a continuum for toddlers, preschoolers, and pre-kindergarten children transitioning to elementary schools. Sequences address the unique challenges of each developmental age group.

By participating in the Rainbowdance© Basic Credentialing Workshop, attendees will be able to help preschool children in the following areas:

- ❖ Develop attachment and relationship building
- ❖ Increase mastery and competency in the exploration of environment
- ❖ Decrease sense of isolation and increase natural abilities to affiliate with peers
- ❖ Increase trust in peers and in the natural environment
- ❖ Reduce impulsivity, increase self-regulation
- ❖ Encourage healthy play (generalized aggression/discharge of energy with peers)
- ❖ Discourage development of targeted aggression (bullying)
- ❖ Increase coordination of body movements with music and peers (attunement)
- ❖ Begin to experience cooperation (turn taking, working together as a group)
- ❖ Increase attention span and tolerance for sustained stillness
- ❖ Increase repertoire of positive communication and problem solving tools (gestural, vocal, physical) to develop respect, cooperation, gentleness, humility, and trust
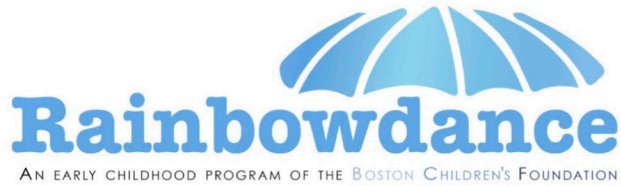- ❖ Increase sense of safety and stability

Workshop participants will receive:
- ❖ All training handouts including the Rainbowdance© Music
- ❖ A Certificate of Completion for the Basic Rainbowdance© Training
- ❖ Use of licensed material to conduct one 6 month Rainbowdance© program at your facility, with supervision and technical assistance provided by Rainbowdance© staff
- ❖ Eligibility to attend the **Rainbowdance**© Advanced Training and become a Licensed Rainbowdance© Provider

To register for the training or for more information, please contact Rachel Assaf at rassaf1@gmail.com

Rainbowdance© is a program of the Boston Children's Foundation, a 501(c)3 organization.

* Cancellations must be made 48 hours prior to the first day of the training; you may choose to have your check voided by BCF, or you may request to have it deposited as credit toward a future training. For any cancellations made after the 48-hour deadline, BCF will deposit your check as credit that you may use for a future training.

BASIC RAINBOWDANCE© CREDENTIALING TRAINING
June 7 & 8, 2019

Name: _____

Position/Title: Organization Name: _____

City: _____   State: _____   Zip: _____

Day Phone: _____   Email: _____

Registration Fee: $315.00 or $130.00 with valid student ID
Please make checks payable to: "Boston Children's Foundation"

Please Mail your check* and completed Registration form to:

Boston Children's Foundation
850 Summer Street.
Suite # 206
South Boston, MA 02127

Questions? Call Rachel Assaf at 617-453-8984 or email rassaf1@gmail.com

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