

FOUNDED BY DICKI JOHNSON MACY 1988

Rainbowdance

The Art & Technique of Isadora Duncan

Summer 2015 Schedule

June 30, 2015 through July 29, 2015

Toddler/Preschool 5 week program

Teen/Adult 4 week program

Tuesdays and/or Wednesdays	10AM	Toddler 1.5 – 3 YRS
Tuesdays and/or Wednesdays	11AM	Preschool - 3-5 YRS
Wednesday (July 8, 15, 22, 29)	5:30PM	Teen/Adult

Class Rates:

*Pre-Registration: \$80.00 for 5 classes (1class/week) or
 \$150.00 for 10 classes (2 classes/week)
 \$60.00 for Teen/Adult Program (4 classes)*

Pre-registration payment is due in full by June 1, 2015

Pre-registration is required – no exceptions due to waiting list

No refunds issued after second class

Class Location:

*All classes will be held at: **The Dance Complex**
 536 Massachusetts Ave.
 Cambridge, MA 02139*

Teachers:

*Dicki Johnson Macy, BC-DMT, LMHC, M.Ed., IDMA 617 699-1804
Jennifer Mueller, M.A., DMT*



PROGRAM REGISTRATION FORM

Summer Term June 30, 2015- July 29, 2015

Tuesdays: June 30 July 7, 14, 21, 28 Wednesdays: July 1, 8, 15, 22, 29

Wednesdays: July 8, 15, 22, 29 (teen/adult)

Student Name: _____ *Age:* _____

Parent Info: Name: _____

Address: _____

Email Address: _____

Phone: () _____

Desired Class : _____

Leotard/Skirt Size: _____

Please include \$45. (\$25. for skirt, \$20. for leotard) for costume. This dancewear is required for all students in the 3-5 classes. (Tunics for teen/adult: \$60.)

Send completed form &

pre-Registration payment to: Boston Children's Foundation

807 Hale Street

Beverly Farms, MA 01915

(Checks payable to Boston Children's Foundation)

Contact Information

Dicki Johnson Macy 617-699-1804

Boston CF.org rainbowdance.org

The choreographic etudes of Isadora Duncan explore, through the action/rest continuum, the dynamic relationship between affiliation and solitude. Celebrating Nature's unity and rhythm, these dances, remembering ancient rituals and archetypes, are simultaneously tribal and divine. The indomitable human spirit, ever hopeful, is present in this choreography, and in all true healing. Isadora Duncan's goal for the "highest intelligence in the freest body" - that every living child might have available to them the birthright of beauty, strength and freedom. The "Art & Technique of Isadora Duncan" program offers to participating children, celebratory explorations of relationship: to classical music; to peers; to the ancestral community; and to the natural world. The "Mother of Modern Dance", Duncan sought movements expressive of the human spirit; Her technique: 1) glorifies natural movement, 2) sources rhythmic and emotional links fundamental to all life forms, and 3) traces dance to its sacred roots using mythological archetypes and ritual.

Duncan Dance classes for children offer a non competitive environment designed to encourage healthy emotional, creative, and physical development. Dicki Johnson Macy BC-DMT, M.Ed., LMHC, has for the past 25 years, encouraged children trained in this technique, to remain responsive to beautiful music and to the joyful movements inspired by nature. Self esteem, grace, reverence, reciprocity and artistry are inherent to the work. A sense of rhythm and harmony develops as children dance the reconstructed choreographies to the music of Schubert, Chopin, Brahms, Beethoven, and Mozart.

Classes are offered at the Dance Complex in Cambridge for children aged 18 months through 18 years.

CLASS DESCRIPTIONS:

Rainbowdance: Primary Rainbowdance is offered to children aged 1.5-3 years and a caregiver. A structured sequence of sound and gesture integrated movement activities encourage secure attachment to the caregiver and to the peer group, while providing a soothing and energizing first experience with peers. Through the language of the body children learn to discriminate safe and positive facial cues and physical territory exploring music, soft props and story. Rainbowdance Preschool is the developmental sequel for children aged 3-5 years. The focus in the program is upon exploring the many dynamics of peer relationships. Children dance the sequences of the Primary program but are challenged toward competency as they embody stories whose themes are appropriate to healthy social development. Focus is placed upon reciprocity and the place of the child in the natural world.

The Art & Technique of Isadora Duncan: Rainbowdance prepares children aged 5-18, for this program. Having an established sense of harmony and affiliation to each other and to the natural world, they move forward to explore their unique and collective beauty and expression. Children explore emotional intention as it is manifested through music and physical movement. Themes include: Leadership and Following, Join and Retreat, Transition, Alone and together, Nature as Teacher, Myth Based Dances and Improvisation. Mothers of 8-11 year olds may dance along for free; Teen moms will pay a reduced rate to join their child's class. Special classes are offered to teen girls who are on the autism spectrum. (Dancin' on the Spectrum).