



BASIC CREDENTIALING TRAINING
Toddler Attunement & Preschool Movement Poetry Program
Dicki Johnson Macy, M.Ed., BC-DMT, LMHC, Director

Date: Saturday December 6, 2014 9:00am-6:00pm (breakfast & snacks included)
Sunday, December 7, 2014 9:00am-6:00pm (breakfast & snacks included)

Location: 850 Summer Street, Suite 206, South Boston, Ma 02127

Training Cost: \$300.00 or \$115.00 with valid student ID

Please dress comfortably.

Rainbowdance© is a parent/teacher friendly intervention, which encourages self esteem, self regulation and social empathy through the use of repetitive gesture, song, and movement. As the number of infants and toddlers attending full time day care programs increases, the opportunity for dyadic relationship building decreases.

Rainbowdance© provides children with the opportunity to experience the attachment to the peer group necessary for healthy relationship building, minimizing an orientation toward peer violence.

The sequence of stories and improvisations has been developed as a continuum for toddlers, preschoolers, and pre- kindergarten children transitioning to elementary schools. Sequences address the unique challenges of each developmental age group.

By participating in the Rainbowdance© Basic Credentialing Workshop, attendees will be able to help preschool children in the following areas:

- ❖ Develop attachment and relationship building
- ❖ Increase mastery and competency in the exploration of environment
- ❖ Decrease sense of isolation and increase natural abilities to affiliate with peers
- ❖ Increase trust in peers and in the natural environment
- ❖ Reduce impulsivity, increase self regulation
- ❖ Encourage healthy play (generalized aggression/discharge of energy with peers)
- ❖ Discourage development of targeted aggression (bullying)
- ❖ Increase coordination of body movements with music and peers (attunement)
- ❖ Begin to experience cooperation (turn taking, working together as a group)
- ❖ Increase attention span and tolerance for sustained stillness
- ❖ Increase repertoire of positive communication and problem solving tools (gestural, vocal, Physical) to develop respect, cooperation, gentleness, humility, and trust
- ❖ Increase sense of safety and stability

Workshop participants will receive:

- ❖ All training handouts including the Rainbowdance© Music CD
- ❖ A Certificate of Completion for the Basic Rainbowdance© Training
- ❖ Use of licensed material to conduct one 16-week Rainbowdance© program at your facility, with supervision and technical assistance provided by Rainbowdance© staff
- ❖ Eligibility to attend the **Rainbowdance**© Advanced Training and become a Licensed Rainbowdance© Provider

For Information on the training please contact Martha Burman at marthaburman@bostoncf.org or email Dicki at dickijmacy@gmail.com

Rainbowdance© is a program of the Boston Children's Foundation. a 501(c)3 organization.



Rainbowdance

**RAINBOWDANCE© CREDENTIALING TRAINING
December 6-7, 2014**

Registration Form

Name: _____

Position/Title: Organization Name: _____

City: _____ State: _____ Zip: _____

Day Phone: _____ Email: _____

Registration Fee: \$300.00 or \$115.00 with valid student ID
Please make checks payable to: "Boston Children's Foundation"

Please Mail your check and completed Registration form to:

Boston Children's Foundation
850 Summer Street.
Suite # 206
South Boston, MA 02127

REGISTRATION DEADLINE IS November 21, 2014

Questions? Call Dicki Johnson Macy at 617-699-1804, email at Dickijmacy@gmail.com or
Martha Burman at marthaburman@bostoncf.org.