



ART & TECHNIQUE OF ISADORA DUNCAN

## Summer Term July 5, 2017-August 9, 2017

### Class Schedule

Ages 1.5 – 3 with caregiver	Wednesday	10-11Am
Ages 3-5:	Wednesday	11AM-noon
Ages 12-Adult beginner	Wednesday	5:30-6:30 pm

Cancellations: check website: [Bostoncf.org](http://Bostoncf.org), Cambridge Dance Complex classes

### Class Rates:

Pre-Registration- \$100 for 6 children's classes;

\$80 for 4 teen classes:

Teen/adult classes: July 12, 19, 26: 5:30-6:30 PM

August 2: 5:00-6:00 PM

### Class Location:

All Classes will be held at: The Dance Complex  
536 Massachusetts  
Ave. Cambridge, MA  
02139

### Teachers:

Dicki Johnson Macy, BC-DMT, LMHC, M.Ed., IDMA : (617) 699-1804  
Jennifer Mueller BC-MT, MA: (207) 939-9591

# PROGRAM REGISTRATION FORM

Summer Term: July 5-August 9, 2017

Student Name: \_\_\_\_\_

Age: \_\_\_\_\_

Parent Info: Name:

\_\_\_\_\_

Address:

\_\_\_\_\_

Email Address:

\_\_\_\_\_

Phone: (\_\_\_\_\_) \_\_\_\_\_

Desired Class : \_\_\_\_\_

Send completed form & pre - Registration payment to:

**Boston Children's Foundation**

807 Hale St.

Beverly, MA 01915

Checks payable to Boston Children's Foundation

Dicki Johnson Macy

[DickiJMacy@gmail.com](mailto:DickiJMacy@gmail.com)

(617) 699.1804

**BostonCF.org**

**Rainbowdance.org**

*The choreographic etudes of Isadora Duncan explore, through the action/rest continuum, the dynamic relationship between affiliation and solitude. Celebrating Nature's unity and rhythm, these dances, remembering ancient rituals and archetypes, are simultaneously tribal and divine.*

*The indomitable human spirit, ever hopeful, is present in this choreography, and in all true healing.*

*Isadora Duncan's goal for the "highest intelligence in the freest body" - that every living child might have available to them the birthright of beauty, strength and freedom. The "Art &*

*Technique of Isadora Duncan" program offers to participating children , celebratory explorations of relationship: to classical music; to peers; to the ancestral community; and to the natural world. The*

*"Mother of Modern Dance", Duncan sought movements expressive of the human spirit; Her technique: 1) glorifies natural movement, 2) sources rhythmic and emotional links fundamental to all life forms, and 3) traces dance to its sacred roots using mythological archetypes and ritual. Duncan Dance classes for children offer a non competitive environment designed*

*to encourage healthy emotional, creative, and physical development. Dicki Johnson Macy BC-DMT, M.Ed., LMHC, IDMA, has for the past 25 years, encouraged children trained in this technique, to remain responsive to beautiful music and to the joyful movements inspired by nature. Self esteem, grace, reverence, reciprocity and artistry are inherent to the work. A sense of rhythm and harmony develops as children dance the reconstructed choreographies to the music of Schubert, Chopin, Brahms, Beethoven, and Mozart.*

*Classes are offered at the Dance Complex in Cambridge for children aged 18 months through 18 years.*

**CLASS DESCRIPTIONS:** **Rainbowdance: Primary Rainbowdance** is offered to children aged 1.5- 3 years and a caregiver. A structured sequence of sound and gesture integrated movement activities encourage secure attachment to the caregiver and to the peer group, while providing a soothing and energizing first experience with peers. Through the language of the body children learn to discriminate safe and positive facial cues and physical territory exploring music, soft props and story. **Rainbowdance Preschool** is the developmental sequel for children aged 3-5 years. The focus in the program is upon exploring the many dynamics of peer relationships. Children dance the sequences of the Primary program but are challenged toward competency as they embody stories whose themes are appropriate to healthy social development. Focus is placed upon reciprocity and the place of the child in the natural world.

**The Art & Technique of Isadora Duncan:** Rainbowdance prepares children aged 5-18, for this program. Having an established sense of harmony and affiliation to each other and to the natural world, they move forward to explore their unique and collective beauty and expression. Children explore emotional intention as it is manifested through music and physical movement. Themes include: Leadership and Following, Join and Retreat,

*Transition, Alone and together, Nature as Teacher, Myth Based Dances and Improvisation. Mothers of 8-11 year olds may dance along for free; Teen moms will pay a reduced rate to join their child's class.*

*Dancers with special needs are always welcome. We will work with you to find the right class placement and offer 1:1 sessions when appropriate.*

