



## **Rainbowdance®**

### **Toddler Attunement program Pre-School Movement Poetry Program BASIC CREDENTIALING TRAINING *Dicki Johnson Macy, M.Ed, ADTR, LMHC, Director***

***June 25, 26, & 27, 2010- (Boston, MA)***

**REGISTRATION DEADLINE IS JUNE 11, 2010**

**Rainbowdance®** is a parent/teacher friendly intervention, which encourages self esteem, self regulation and social empathy through the use of repetitive gesture, song, and movement. As the number of infants and toddlers attending full time day care programs increases, the opportunity for dyadic relationship building decreases.

**Rainbowdance®** provides children with the opportunity to experience the attachment to the peer group necessary for healthy relationship building, minimizing an orientation toward peer violence.

The sequence of stories and improvisations has been developed as a continuum for toddlers, preschoolers, and pre- kindergarten children transitioning to elementary schools. Sequences address the unique challenges of each developmental age group.

**By participating in the **Rainbowdance®** Basic Credentialing Workshop, attendees will be able to help preschool children in the following areas:**

- ❖ Develop attachment and relationship building
- ❖ Increase mastery and competency in the exploration of environment
- ❖ Decrease sense of isolation
- ❖ Increase trust in peers and in the natural environment
- ❖ Reduce impulsivity, increase self regulation
- ❖ Encourage healthy play (generalized aggression/discharge of energy with peers)
- ❖ Discourage development of targeted aggression (bullying)
- ❖ Increase coordination of body movements with music and peers (attunement)
- ❖ Begin to experience cooperation (turn taking, working together as a group)
- ❖ Increase attention span and tolerance for sustained stillness
- ❖ Increase repertoire of positive communication and problem solving tools (gestural, vocal, physical) to develop respect, cooperation, gentleness, humility, and trust
- ❖ Increase sense of safety and stability

**RAINBOWDANCE<sup>®</sup> BASIC CREDENTIALING TRAINING**

Training Site: TBA, Boston, MA

June 25, 6:00 p.m. – 9:00 p.m.  
June 26, 9:00 a.m. – 4:00 p.m. (breakfast included)  
June 27, 9:00 a.m. – 4:00 p.m. (breakfast included)

Training Cost: \$300 **or** \$125 with valid student ID

Workshop participants will receive:

- All training handouts
- A Certificate of Completion for the Basic Rainbowdance<sup>®</sup> Training
- Use of licensed material to conduct one 16-week Rainbowdance<sup>®</sup> program at your facility, with supervision and technical assistance provided by Rainbowdance<sup>®</sup> staff

Please dress comfortably.

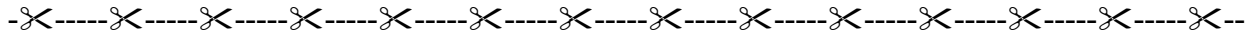
Advanced Training is available. Upon completion of the Advanced Training, workshop participants will be able to:

- Be a licensed Rainbowdance<sup>®</sup> Provider
- Become part of the Boston Children’s Foundation referral network for future opportunities (local and international)
- Be a member of the social, supervision, and educational network which BCF provides
- Be able to participate in advanced trainings at no charge, to stay current

For more information on Rainbowdance<sup>®</sup>, please call 617-699-1804 or email Dicki at [dickijmacy@comcast.net](mailto:dickijmacy@comcast.net)

Rainbowdance<sup>®</sup> is a program of the Boston Children’s Foundation. The Boston Children’s Foundation is a 501(c)3 organization.

**PLEASE RETURN THE PORTION BELOW WITH YOUR PAYMENT:**



**RAINBOWDANCE<sup>®</sup> BASIC CREDENTIALING TRAINING  
June 25-28, 2010**

**Registration Form**

Name:

Position/Title:

Organization Name:

Address:

City:

State:

Zip:

Day Phone:

Email:

Registration Fee: \$300 **or** \$125 with valid student ID. Please make checks payable to **Rainbowdance** and mail to:

Basic Rainbowdance<sup>®</sup> Training  
36 Gloucester St., 4<sup>th</sup> floor  
Boston, MA 02115

**REGISTRATION DEADLINE IS June 11, 2010.**

**Questions? Call 857-350-4400 or email [dickijmacy@comcast.net](mailto:dickijmacy@comcast.net)**